Welcome
To the Physiology Insider

The Physiology Insider newsletter is to connect you to your department.

Student Feature

BRAD HERRIN: (FRESHMAN)

Future Plans:
My immediate plans are to finish my undergraduate studies with a 4.0 GPA and to apply to/get accepted into medical school (possibly a MD/PhD program). My ultimate career aspiration is to become an orthopedic surgeon specializing in sports medicine.

Interesting Fact:
I will be spending the upcoming summer in Tanzania (a country on the eastern coast of Africa) participating in a program called Students for International Change. The focus of the program is providing a means of AIDS/HIV education to the people of Tanzania, a country where the current AIDS/HIV infection rate hovers around 20 percent of the population. (I also hope to climb Mount Kilimanjaro while there!).

Advice to PSIO students:
The best advice I can offer is to get involved in as many clubs/organizations on campus (or off) that you can and try and meet a new person every day. Don’t spread yourself too thin (school should still be your priority), but have fun, make lots of new friends, and take advantage of every opportunity that presents itself.

Recurring Events

TLA Student-Faculty chat series:
You are invited to an informal get-together with physiology faculty once a month.
The next one will be held Wed., January 29th from Noon-1PM in Gittings 3F.
• Find out what got Dr. Lohman interested in the work he is doing now, and get to know them better. Hope to see you all there!

-physiology insider-
Physiological Sciences Undergraduate Newsletter
www.shp.arizona.edu

From the Director:

DR. BETTY ATWATER

News about the Physiological Sciences Major Program:
You have probably read that the University of Arizona President and Provost recommended, in their January 14th memorandum, that the School of Health Professions be considered for elimination by June 2004. Included in their proposal was the recommendation to relocate the undergraduate major in Physiological Sciences to the Department of Physiology in the College of Medicine.

I wrote an e-mail message to all of you who are pre-major and major students in Physiological Sciences reassuring you not to worry about the future of your academic program. For the past seven years we have actually considered the Physiological Sciences program to be part of the Department of Physiology even though it is administratively located in the School of Health Professions. The faculty who teach undergraduate courses in our major program are already members of the Department of Physiology faculty, and all of our undergraduate major courses are Department of Physiology courses. The College of Medicine welcomes the addition of our large and strong undergraduate major program. Thus, you will notice very little, if any, change when the Physiological Sciences undergraduate program relocates to the Department of Physiology. Upon graduation, you will still receive a Bachelor of Science in Health Sciences degree with a major in Physiological Sciences.

Featuring:

DR. TIMOTHY LOHMAN

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Undergrad Teaching: PSIO 495i/595i

Dr. Lohman has worked in the area of physical fitness body composition and health for the past 30 years. His research has included investigating the long-term effects of strength training on bone mineral density and body composition in post-menopausal women.

He is also testing the hypothesis that a multicomponent school-based and community-linked intervention can prevent a decline in physical activity levels and cardiorespiratory fitness in middle school girls. He is currently coordinator of the revised edition of Human Body Composition and an active member of the Arizona Osteoporosis Coalition, Mayor’s Physical Activity and Weight Loss Challenge and Cooper Institute on Youth Fitness.

He is an advocate for the environment and has devoted several years to his co-housing project (Milagro), and being with his wife, J’Fleur.