Department of Physiology Weekly Updates

Congratulations on finishing your Spring 2020 semester! Throughout the summer, these Weekly Updates will appear less frequently, but will still come your way with University and Department updates, announcements and opportunities!

Topics covered in this email:

1. **Advising Updates**
   Advising is still available throughout summer!
   Ways to stay connected and up-to-date over the summer

2. **COVID-19 Updates and Help**
   Student Emergency Fund Application
   Relief Fund Application for Laid Off Restaurant Workers
   Coping with Stress Related to COVID-19

3. **Registrar Updates**
   Summer Session I 2020 Dates and Deadlines

4. **Ways to Get Involved**
   ScribeOne is recruiting for Scribe Positions
   Atwater Scholarship – Apply by May 29th!
   Virtual Global Internships – Apply by May 22nd!
   AZ in Orvieto Virtual Program (Information Session today at 12PM!)

5. **Summer 2020 Courses to consider**
   PSIO 201 and 202 will both be online Summer 2020
   PSIO 431: Physiology of the Immune System (Online!)
   PSIO 426: Extreme Physiology (Online!)

6. **Fall 2020 Courses to consider**
   PSIO 395B: PhysioConnects B
   NSC 315 – Sports Nutrition – Now open to all majors!

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1. **Advising Updates**

Advising is still available this summer
Advisors remain available to help you during the summer through email and Zoom or Phone appointments. Schedule an appointment with your advisor through Trellis – have a safe and relaxing summer!

Stay Connected and Up-to-date this summer!
- Follow @PSIOAmbassadors on Instagram
- Visit the Physiology Advising Website
- Check your UA Email and the UA website
2. COVID-19 Updates

STUDENT EMERGENCY FUND APPLICATION

Relief Fund Application for Laid Off Restaurant Workers
Find out if you qualify for AZ Restaurant Strong’s Relief Fund here.

Coping with Stress Related to COVID-19
Campus Health’s Counseling and Psych Services has put together a collection of resources for students coping with stress related to COVID-19.

3. Registrar Updates

Summer Session I 2020 Dates and Deadlines

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>5/18/20</td>
<td>First day of 7-week First Session classes</td>
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<tr>
<td>5/23/20</td>
<td>Last day to DROP 7-week First Session classes</td>
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<td>5/29/20</td>
<td>Last day to file a GRO Request for 7-week First Session classes</td>
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<tr>
<td>6/8/20</td>
<td>First day of 5-week First Session classes</td>
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<td>6/12/20</td>
<td>Last day to DROP 5-week First Session classes</td>
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<tr>
<td>6/16/20</td>
<td>Last day to file a GRO Request for 5-week First Session classes</td>
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<td>Last day to WITHDRAW from 7-week First Session classes</td>
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<tr>
<td>6/28/20</td>
<td>Last day to WITHDRAW from 5-week First Session classes</td>
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All Dates and Deadlines

4. Ways to Get Involved

ScribeOne is recruiting for Scribe Positions
More information here.
Anne E. (Betty) Atwater Scholarship
Award Amount: $1,000 (non-renewable)
Eligibility: • Must be a U.S. Citizen or Permanent Resident • Must be an undergraduate student who will enroll full-time at the University of Arizona as a PSIO major for the 2020-21 academic year. • Must have completed a two-semester “Anatomy and Physiology” course sequence (e.g., PSIO 201 and 202 or equivalent) with grades of C or higher • Must have a cumulative GPA of 3.5 or higher • Must have completed the Free Application for Federal Aid (FAFSA)
Note: Merit is the primary consideration for this scholarship with financial need as secondary.
Application Deadline: May 29, 2020
Application Submission: Scholarship Universe
Please contact Bertha Corrales (621-2785, bertha@email.arizona.edu) with questions.

Virtual Global Internships
Virtual Global Internships are now available in Summer 2020, which allow you to develop your professional skill set remotely with partner companies in Spain or France.
Apply by May 22nd for the Virtual Global Internship!

- Gain international work experience
- Develop intercultural communication skills
- Build a global professional network
- Earn 3 - 6 Units of UA Credit (Financial Aid may be available!)

Please contact Amy Chenail to learn more, and join us for an Online Q&A about Virtual Global Internships May 14th at 3pm MST via Zoom.

AZ in Orvieto Virtual Program

You are invited to learn about Italy during the Virtual Lunch & Learn on Thursday, May 21 at 12pm Arizona local time. Don’t forget to grab a favorite dish to enjoy as we learn basic Italian greetings and explore the country and culture together on Zoom!

Join via Zoom on 5/21 at 12:00 pm AZ local time.

New for Summer 2020! AZ in Orvieto Virtual Program: Interested in earning up to 6 credits while virtually exploring Italian culture, art & history this summer? Applications are due by May 29th, and program details are listed on the AZ in Orvieto Virtual program page.
5. Summer 2020 Courses to consider

PSIO 201 and 202 will both be **online** Summer 2020

PSIO 201 Anatomy and Physiology I and PSIO 202 Anatomy and Physiology II will be offered **online** in summer session II (Five Week Second).

*This is the first time these courses will be offered completely online!*

If you have questions or need assistance with registration, please contact Bertha Corrales, Program Coordinator at (520) 621-2785 or at **bertha@email.arizona.edu**

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**PSIO 431: Physiology of the Immune System (Online!)**

Focuses on physiology of the immune system, how it functions correctly, and some problems that occur when the immune system does not function properly (Immunopathology).

Summer Session I – Dr. Zoe Cohen

Fully Online
PSIO 426: Extreme Physiology (Online!)
Course Announcement - Extreme Physiology (426)
Second Session of Summer School - Dr. Douglas Keen
The course be online and will focus on physiological effects of:

- Altitude
- Heat stress
- Snake Venom
- Radiation Exposure
- Second Hand Smoke

6. Fall 2020 Courses to consider
PSIO 395B: PhysioConnects B

Are you a PSIO Junior or Senior thinking about life after undergrad? Have you already done something meaningful to help you get there?

If you said yes to the above, we are here to help!
Enroll in PSIO 395B* (ONLY offered in the fall semester) to:
- Reflect on your experiences and learn how to share them effectively for Graduate and Professional School (or job) applications!
- Refine interview and public speaking skills
- Develop your resume/CV and Personal Statement(s)
- Discover the job market
- Additional topics: Communication/Teamwork, Unconscious Bias, Negotiating, Importer Syndrome
- Panels: Graduate/Professional School Admissions Staff, Professionals in Related or Unique Fields, Young Alumni and Graduate Students

*Prerequisite attended for students (junior and senior) who have already completed a significant/engagement experience. Must be a Physiology Major and completed PSIO 301 and PSIO 302 with a C or better

This 2-Unit Course meets Mondays from 3:30-5:15PM

Questions?
Contact Davina Dobbs at:
davinadobbs@email.arizona.edu
NSC 315 will combine the applied science of nutrition with exercise physiology. Content in the course will span basic physiology as it applies to nutrition and sport, nutrient utilization, body composition, and specific application of nutrition and consulting for different sports in training and competition. Use of current literature will be used to understand research in sports nutrition. Once the foundation of physiology and nutrition is covered, the course will look at strategies for optimal performance in endurance, power, and team sports. Sports protocols and assessment will also be analyzed. The discussion board in D2L will be utilized extensively.

QUESTIONS CONTACT NSC315@SAN-ANTONIO.EDU